



SCHEDULE

CROSSFIT-GRENZE.DE
REINHARDTSTRASSE 29 | BERLIN MITTE

	MON	TUE	WED	THU	FRI	SAT	SUN
07:00							
08:00							
09:00							
10:00							
11:00							
12:00							
13:00							
16:30							
17:00							
17:30							
18:00							
18:30							
19:00							
19:30							
20:00							



CrossFit



Metcon



Gymnastics



Yoga



Mobility



Olympic Weightlifting



Basic



Endurance



Competition